



# CANFITPRO NATURAL CHAMPIONSHIPS

Saturday, August 17, 2019

## Registration

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**Online Registration:** Entry Fee \$125. first entry.  
Second entry is \$100.

Available until Wednesday, August 14, 2019,  
midnight

**On-Site Registration:** Entry Fee \$150.00

## Registration/Weigh-In and Athletes Meeting

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Date: Friday, August 16, 2019

Location:

Metro Toronto Convention Centre

South Level 700, Room 717

222 Bremner Road

Toronto, ON

6:00 pm to 7:30 pm – Registration & Weigh-In

7:30 pm – Athletes Meeting

### **ALL ATHLETES MUST ATTEND THE REGISTRATION/ WEIGH-IN.**

Please note this is a Natural Pro Qualifier. The CPA will not allow any late registrations after Friday night. Please make the proper arrangements to attend.

In order to run a smooth Registration (Weigh-In), please come prepared with the following:

1. A copy of your online registration receipt;
2. Your CPA Membership Card;
3. Government Issued ID (for those competing in Junior or Masters categories);
4. Your posing music in MP3 format on a CD or USB stick, (for Bodybuilding, Women's Physique, Men's Classic Physique and Fitness competitors only); and
5. Wear your posing attire to registration.

**Bodybuilders, Classic Physique, Women's Physique, & Fitness:** Music will be collected at registration and must be on a CD or USB stick. It should be cued to the start of the music and end or fade within the appropriate allotted time. Only your posing music

should be on the CD or USB stick. Posing music is 60 seconds for Bodybuilding, Women's Physique and Men's Classic Physique and 90 seconds for Fitness. No vulgar language permitted. It is your responsibility to verify your music is working. Please bring a backup of your music with you. If for any reason it doesn't, the DJ will play music at his discretion.

## Website

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<http://canfitpronaturalchampionships.ca/>

## Competition Venue

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Metro Toronto Convention Centre

222 Bremner Road

South Building, Level 800

Halls D & E

Toronto, Ontario

Time: Prejudging and Finals - Saturday, August 17, 2019, starting at 10 am

## Contact Information and Tickets

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For ticket information, please go to the following link. Entry is free, but you should order your tickets in advance.

[Link for Tickets](#)

Backstage Pass – \$30. (Onsite Only)

## Backstage Pass

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The backstage pass will allow entry backstage, CPA Prejudge and Finals. Pick up backstage pass at Weigh-In and Registration between 6:00 pm and 8 pm.

## Host Hotels/Accommodations

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For information on hotel accommodations, please visit:

## Host Hotels/Accommodations

### Official Tanner, Hair & Makeup

We have arranged for ABSOLUTE TOUCH to have a secured space in the host hotel and venue for spray tan, hair and makeup services. Be prepared and make sure you have reserved your tan, hair and make-up appointments.

Tanning will be held onsite, South Building, Metro Toronto Convention Centre, Room 719.

### Book Online

**No one else is permitted to perform spray tanning, hair and make-up in the host hotel or in the venue!**

For more information contact  
[absolutetouchinc@gmail.com](mailto:absolutetouchinc@gmail.com)

### Official Stage Photography

Judi Stone Photography is the CPA official stage and backstage photographer. She will be onsite at registration to take orders. She is the only official stage photographer for this event. For more information or to pre-order photo packages please, email Judi at [judi@stonephotographystudio.com](mailto:judi@stonephotographystudio.com)

### Video Critique

“Video Critic” services allow a competitor to watch his/her Prejudging Video and listen to CPA Judge (usually the Head Judge) comments. Both video and audio are recorded on a single easy-to-use DVD. The following are the benefits for the Video Critique Service:

- Comments in the “Video Critique” DVD will be only provided by official CPA judges.
- Allows competitors to watch their prejudging video and listen to comments at the same time.
- Easier, faster and more efficient for competitors to learn and improve training and posing skills through CPA professional comments.

### Important Information

1. Top three competitors qualify for the CPA Natural Pro Qualifier in 2020.

1. It is a competitor’s responsibility to comply with CPA Rules and Regulations. Please visit the CPA website for more information-  
[www.canadianphysiquealliance.com](http://www.canadianphysiquealliance.com).
2. Banned spray substances (vasodilators) i.e. Hot Stuff, Dream Tan and Pam cooking spray are strictly prohibited for use by the athlete. Any athlete caught using banned products will be immediately disqualified.
3. Remember tanning stains!!! Avoid being charged an additional cost for damage at your hotel/venue. Competitors are only permitted to tan at the venue in designated locations. Failure to do so may result in disqualification. Competitors who stain carpeting, walls, curtains, and chairs with tanning products or other chemicals are subject to disqualification. Tanning in public in hallways and other public spaces is not permitted.
4. When leaving the backstage area ensure you cover up to avoid staining the walls and carpet failure to do so may result in disqualification.